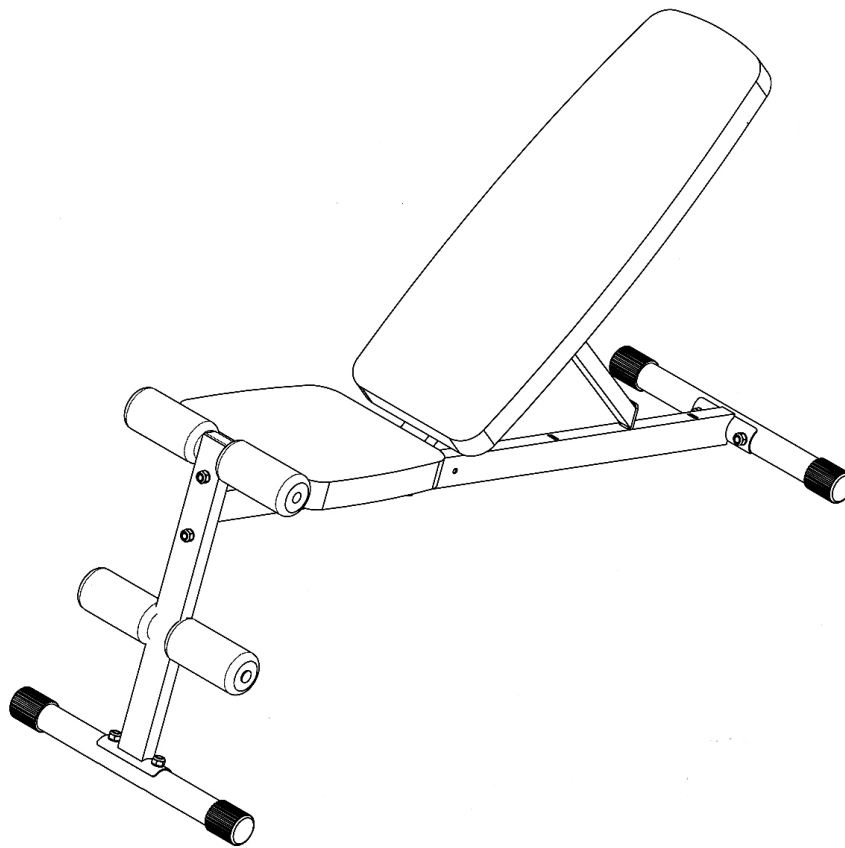


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MKB-211**

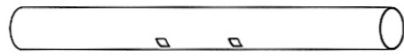


IMPORTANT: Please read the Important Safety Notice and Assembly Information in the Owner's manual before assembling this product.

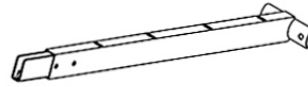
IMPORTANT: Prière de lire le manuel de montage et le manuel u propriétaire avant de commencer à monter le banc.

**Assembly Manual
Manuel d'assemblage**

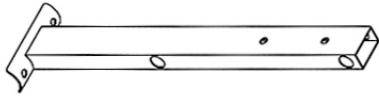
201113



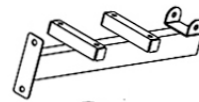
①×2



②×1



③×1



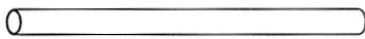
④×1



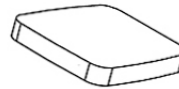
⑤×1



⑥×1



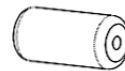
⑦×2



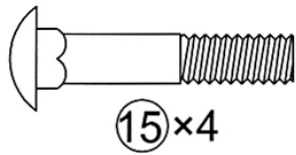
⑧×1



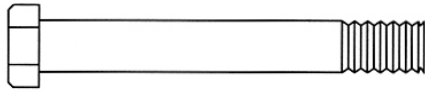
⑨×1



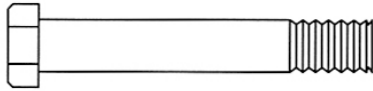
⑩×4



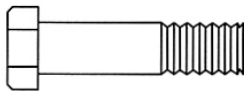
15x4



16x1



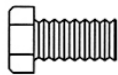
17x1



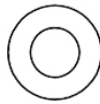
18x2



19x4



20x4



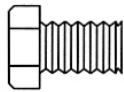
22x12



23x4



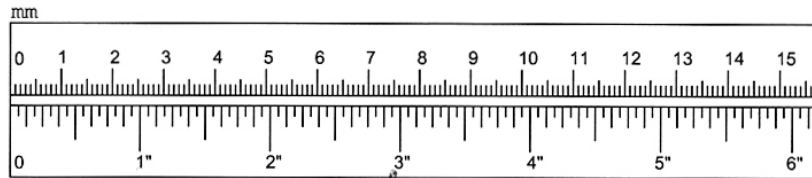
24x4



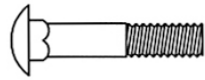
21x4



25x8



①⑤ × 2



M10×2"

②② × 2

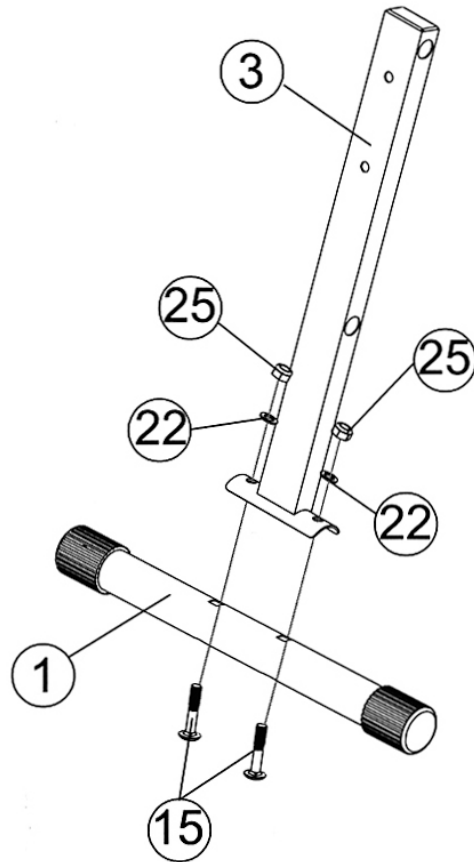
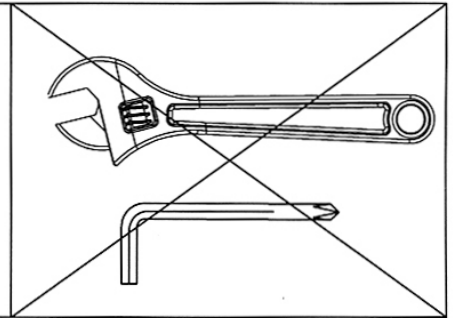


Ø 3/4"

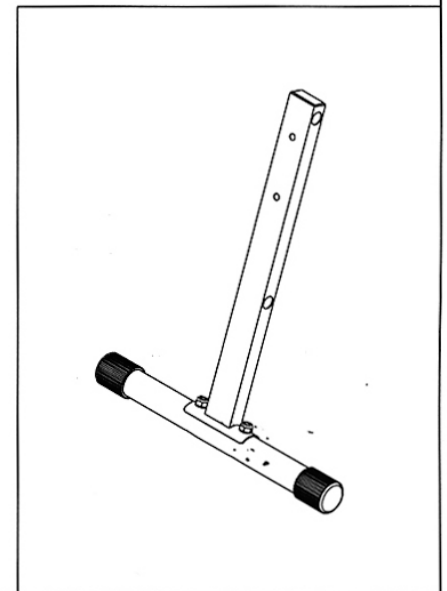
②⑤ × 2

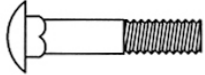
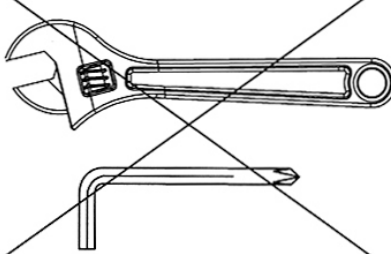




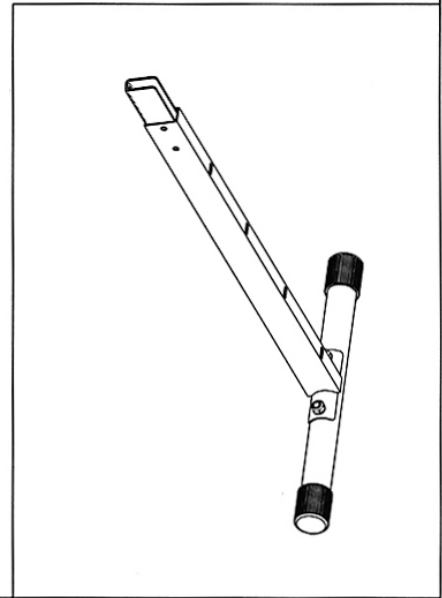
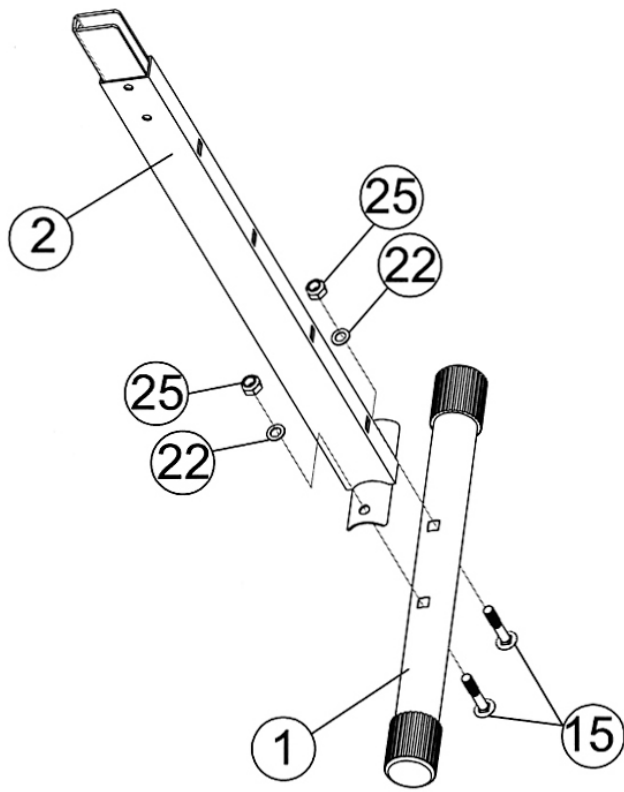
M10




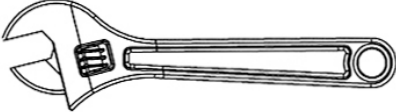




1

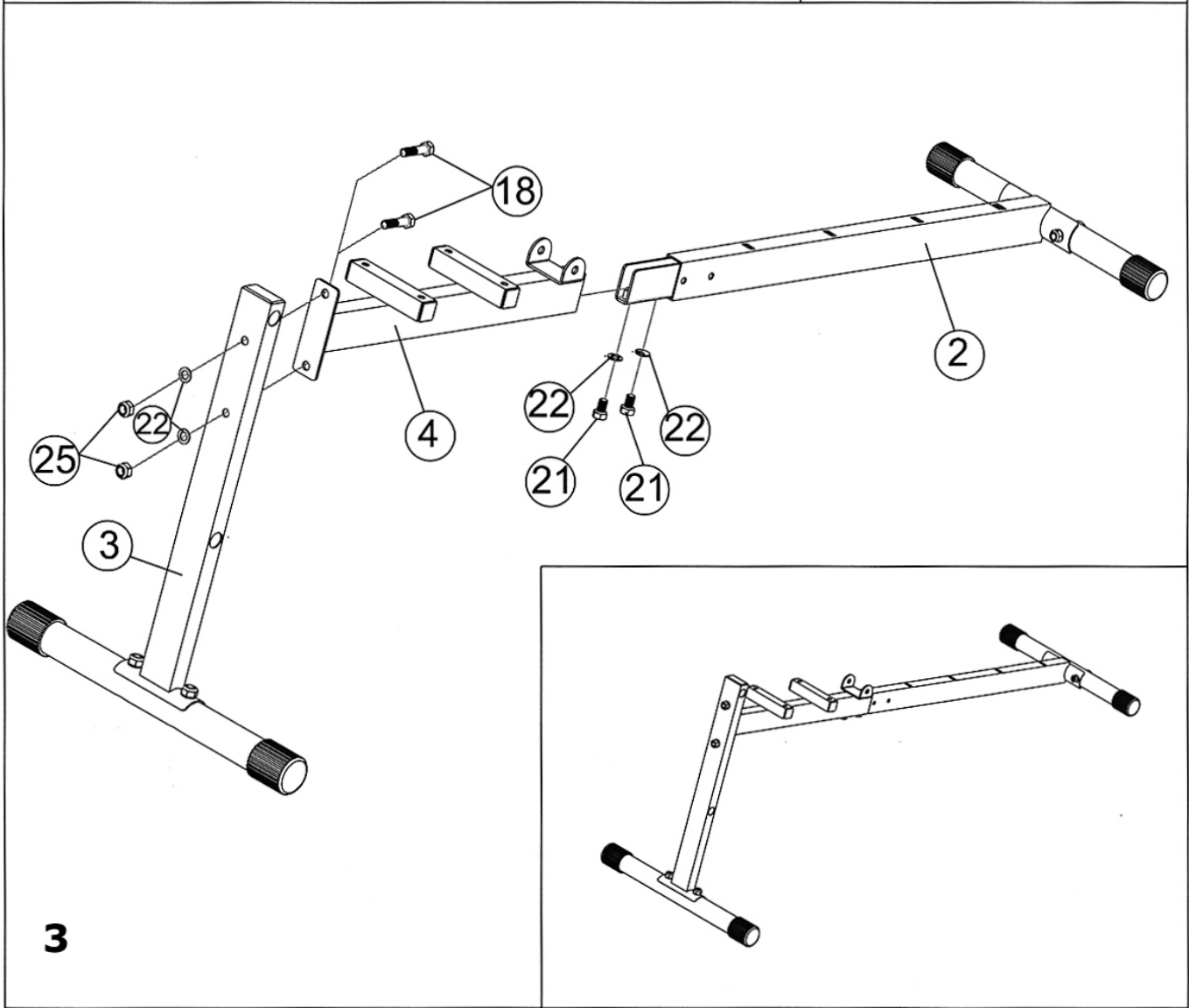


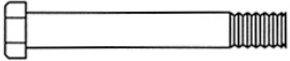
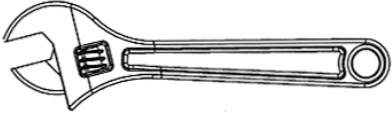

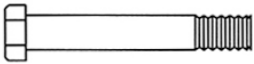


①⑤ ×2		M10×2"	
②② ×2		Ø 3/4"	
②⑤ ×2		M10	

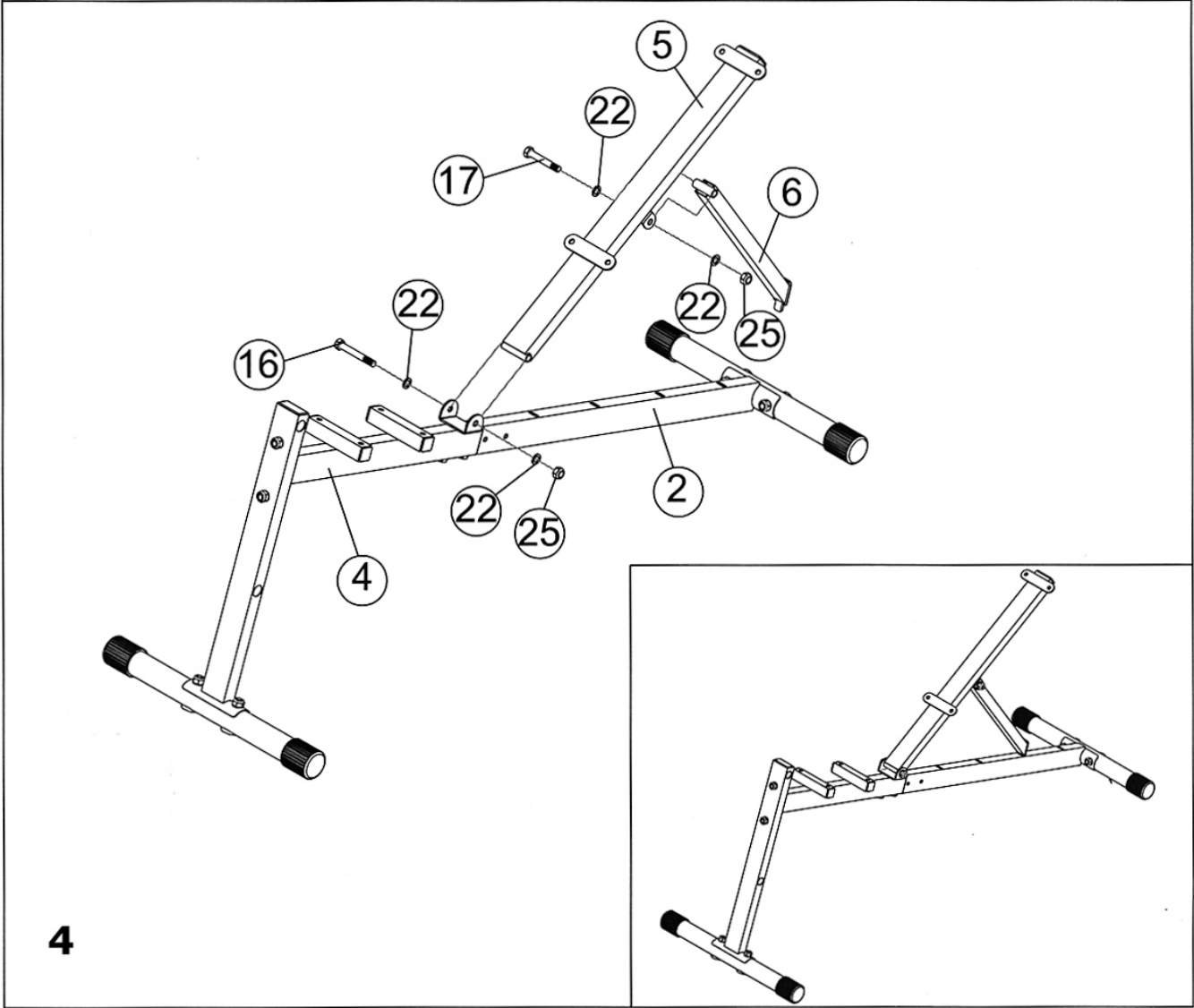



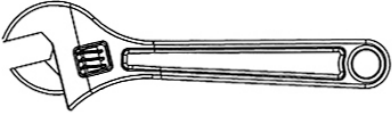
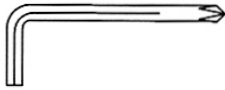



2

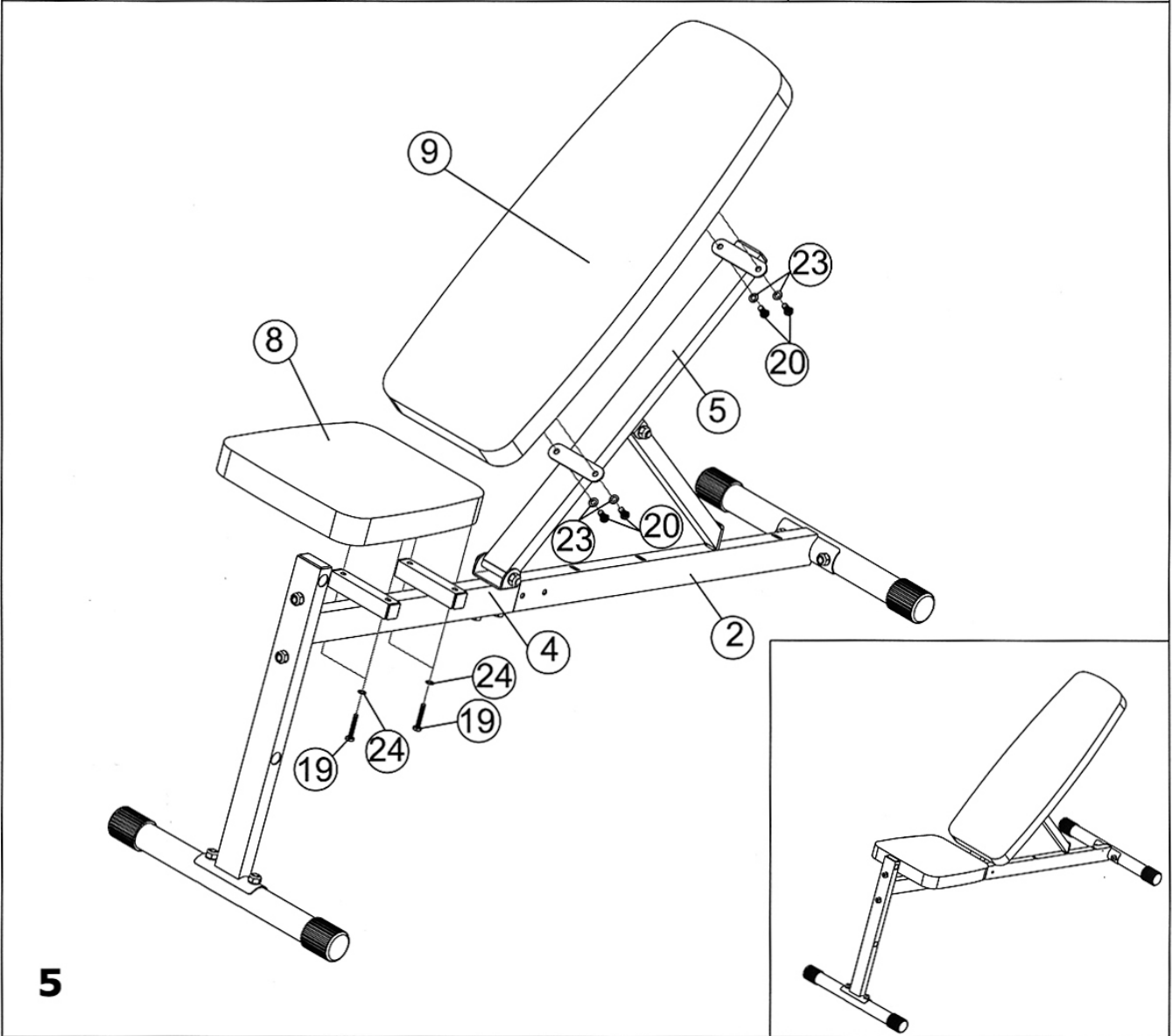
(18) × 2		M10 × 1 $\frac{5}{8}$ "	 
(21) × 2		M10 × $\frac{5}{8}$ "	
(22) × 4		Ø $\frac{3}{4}$ "	
(25) × 2		M10	

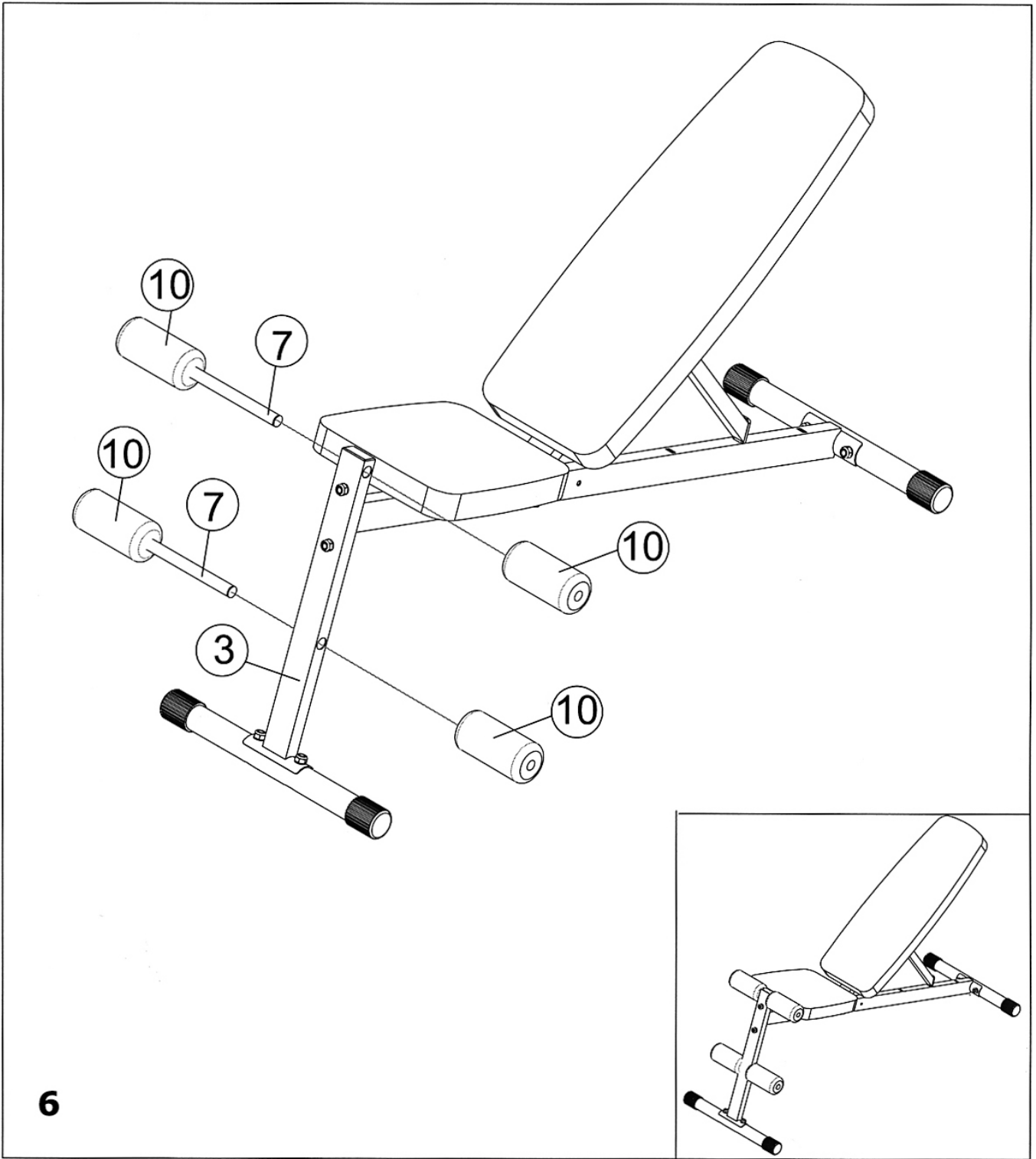


①6 ×1		M10×3"	 
①7 ×1		M10×2 1/2"	
②2 ×4		Ø 3/4"	
②5 ×2		M10	

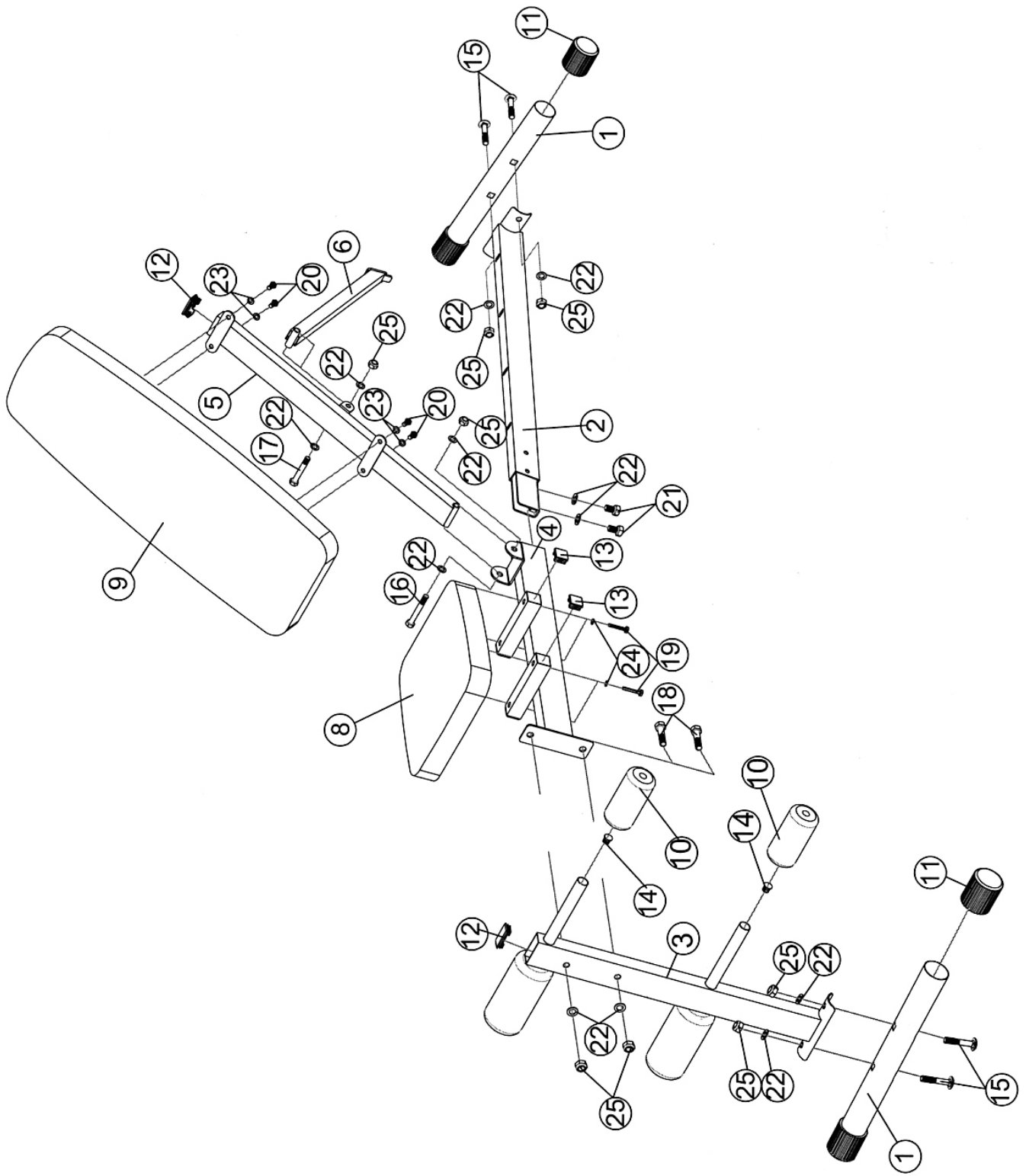


①9 ×4		M6×1 1/2"	 
②0 ×4		M8×3/4"	
③3 ×4		Ø 5/8"	
④4 ×4		Ø 1/2"	



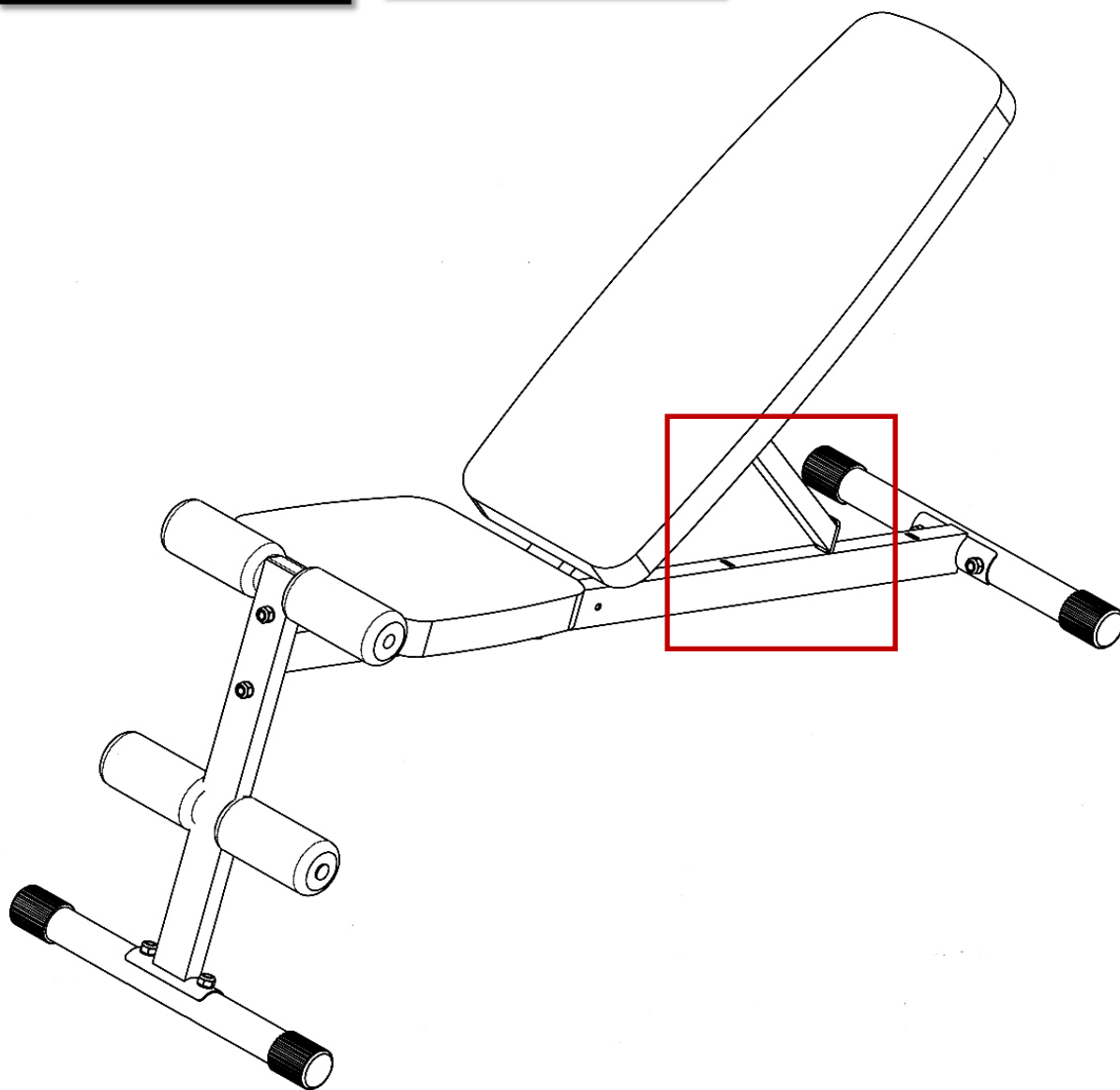
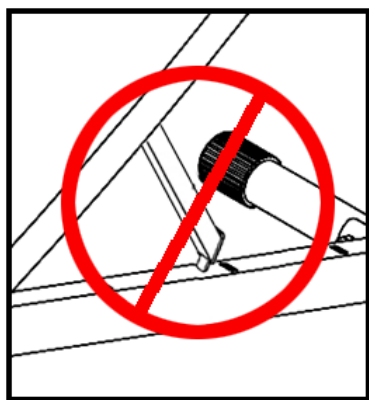
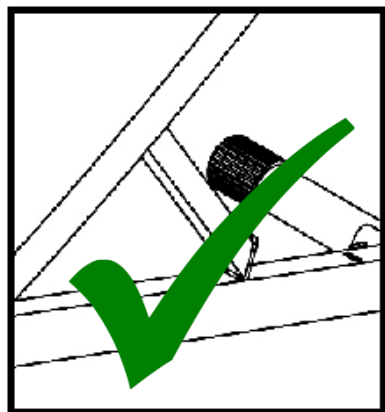


6



Addendum MKB-211

Veillez-vous assurer que le bras de support de l'inclinaison du dossier est correctement et entièrement engagé dans la fente du cadre avant de vous lancer dans un exercice



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